



Professional Care with a Personal Touch

Leep Procedure

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A Loop Electrosurgical Excision Procedure (LEEP) is a procedure to diagnosis and treat disorders of a women's uterine cervix.

Procedure:

The procedure usually takes less than 30 minutes. You will be lying on your back with your knees bent and heels in stirrups as you would for a pelvic examination. After placing a speculum in the vagina, the cervix is cleaned and a local anesthetic is injected into the cervix. A LEEP procedure is then performed using a wire loop that is heated by an electric current to remove abnormal tissue in the cervix.

Pre-operative care: You will need to arrive at least 15 minutes prior to procedure time. No dietary restrictions other than a full stomach is not recommended. No further instructions are needed prior to your procedure.

Postoperative care:

Light spotting and staining is expected for roughly 10 to 14 days after surgery. Use a sanitary pad during this time. DO NOT use tampons. If you experience heavy bleeding with large clots, call SWHC. You may also experience a dark colored discharge for several days. The dark discharge is from the medicines and/or solutions that were applied to your cervix to help in the healing process.

We do recommend that someone drives you home after the procedure.

Pain:

After a LEEP procedure patients may experience some discomfort such as cramping and/or pain. This is normal. Your doctor may recommend non steroidal anti-inflammatory drugs (NSAID's) such as Ibuprofen to manage your pain.

Activity:

Patients usually return to their normal activity within a day or two. Refrain from vigorous physical activity for 7-10 days after your procedure. This includes heavy lifting and aerobic exercising. Introduce nothing into the vagina (no sex, no douching, and no tampons) until after your follow up examination, which is roughly four weeks.

Follow-up Appointment at SWHC:

Date/Time: _____

Bathing/Swimming:

You may shower when you feel comfortable. It is recommended that you do not swim or soak in a hot tub or bathtub for two to four weeks following your surgery. This is to prevent anything from entering the vagina, which may cause infection.

Notify Shenandoah Women's HealthCare at 1-877-438-1314 if any of the following occur:

- You have a fever greater than 101 degrees.
- You have severe pain or cramping.
- You have heavy vaginal bleeding

Date of Procedure: _____

Arrival Time: _____

Physician: _____

